

Adaptive Mindset – Pamela Revels

Society is an ever-changing body that dictates actions and behaviors of those who are part of its makeup. In recent years, the number violent acts, in multiple locations, have tripled according to the Federal Bureau of Investigations (FBI) with an increase of injury or death at 150%. The question is “Why?” Is it because of the type of venue picked by the offender, which may offer a higher number of potential victims such as a movie theater, is it the type of weapon used by the offender, or is the general public properly prepared to react in such situations. Of these three factors, the immediate response of individuals or groups is only one that can be influenced. Training in the “Adaptive Mindset” concept can offer those faced with a potential or eminent threat of violence with the greatest opportunity for survival.

This session focuses specifically on the active shooter scenario using the “adaptive mindset” concept.

Objectives include:

- Understanding and learning how to use the “adaptive mindset” concept
- Applying concept in any location (mall, movie theater, church, or school)
- Response to eminent threat
- Recognizing and Identifying potential threat of violence
- Prevention and Intervention of potential threat of violence

Target audience includes:

- Persons interested in personal safety in multiple locations and situations
- Individuals concerned and are responsible for others safety
- Law enforcement officers who teach safety and would like more resources

The “Adaptive Mindset” concept was developed through personal experiences and training of Pamela Revels. Her ten years in the school environment as a school resource officer adds the advantage to the understanding of the school setting way of thinking and approach to certain situations as well as her travels as a National Association of School Resource Officers National Instructor. Thirty years of training and instruction of self-defense through various means such as 3rd Degree Black Belt in Tae Kwon Do, Rape Aggression Defense for Women (RAD) Instructor, and multiple law enforcement officer safety training programs, which provides familiarity with multiple responses of self-defense by individuals. Finally, specific to active shooter awareness and response, Pamela is an Advanced Law Enforcement Rapid Response Training Instructor (ALERRT), Run-Hide-Fight Instructor, and has been involved in numerous trainings in relation to active shooter awareness and response since 2006.



Pamela Revels is originally from Enterprise, Alabama. She is from a family of four and has three nieces. She was hired by the Lee County Sheriff's Office in September 2004 and now is Corporal of the School Resource and Training Division. Corporal Revels received her bachelor degree in Criminal Justice Administration and is currently enrolled at Columbia Southern University for her Master's in Business Administration (MBA).

Over the years, she has achieved her National Association of School Resource Officers (NASRO) Basic, Advanced and Practitioner Certifications. She currently carries the title of NASRO National Instructor, an honor that only 30 other men and women out of 3,000 members share. Corporal Revels is also very involved with The Alabama Association of School Resource Officers (TAASRO) holding different positions in the association such as Region V Director, Secretary, Vice President and currently President. Other special certifications include Rape Aggression Defense for Woman (RAD) Instructor, radKids Instructor, Advanced Law Enforcement Rapid Response Training (ALERRT) Instructor, *Run, Hide, Fight* Instructor, Taser Instructor and Too Good for Drugs and Violence Instructor. Corporal Revels has served on committees like the Alabama Governor's Highway Safety Task Force Public Information and Education (P.I.&E.) Committee and Lee County Board of Education Title IV "Safe and Drug Free Schools."

Corporal Revels serves her community everyday in The Lee County School System by providing safety and resources for the students, faculty and staff. She also provides educational programs and presentations for all ages of students on a variety of subjects. Over the past 9 years, Corporal Revels has taught thousands of 5th grade students the dangers of drugs and violence and thousands of high school students the dangers of drinking and driving and she has made hundreds of public education appearances on safety and awareness. Corporal Revels seeks to educate her community beyond the school environment. Corporal Revels developed "Seeking Success" an educational program designed for at-risk juveniles, which has been used in conjunction with the Boys and Girls Club of Lee County. In addition, she developed and coordinates Lee County Sheriff's Office Junior Deputy Academy, which provides youth with a positive atmosphere with law enforcement while developing good citizenship and building constructive character traits. Most recently, she has been a contributing

writer in the new NASRO Advanced SRO national curriculum. Corporal Pamela Revels has spoken at several state conferences over the years including the First Annual Auburn University Anti-bullying Summit, Alabama Gerontological Society (AGS) 28th, 29th, and 31st Annual Conference, Alabama Foster and Adoptive Association (AFAPA) Annual Conference and 2013 Virtual Alabama School Safety Summit.

For this service, Corporal Revels received the high honor of Deputy of Year for 2007 through the Exchange Club of Opelika, Deputy of the Year for 2010 through the Veterans of Foreign Wars and the 2011 National School Resource Officer of the Year through the national organization We Tip and 2012 NASRO National Instructor of the Year. Corporal Pamela Revels is enthusiastic and dedicated to the children and citizens of Lee County that she serves and protects.