



## **DELANEY RUSTON** **Documentary Filmmaker &** **Primary Care Physician**

Delaney Ruston, the founder of MyDoc Productions, is a Stanford trained physician, international speaker, and social change documentary filmmaker. She decided to make *Screenagers* because she believes deeply in the importance of helping kids find balance in our tech-filled world. She included her own

family story in *Screenagers* because she has learned through years of filmmaking that the more personal a story, the more universal it is—meaning, the more it resonates with all of us.

Delaney and tessa receiving award for best social impact documentary at **Award for Best Social Impact Documentary** from Stony Brook Film Festival

Examples of her other films include [Unlisted: A Story of Schizophrenia](#), about her father, and [Hidden Pictures](#), about global mental health, which was filmed in China, India, France, South Africa and the US. These films have screened in multiple film festivals, aired on PBS and have been the focus of national advocacy campaigns. For example, Hidden Pictures screened on World Mental Health Day by 141 international organizations. For her work in using film in launching advocacy movements, Delaney has won several awards, including Harvard's McLean National Council Recognition, Fountain House Associates Advocacy Award and The Navos Expanding Horizon's Award.

Delaney has been invited to speak to audiences in diverse settings around the world--such as at schools, conferences, medical centers, universities, the United Nations, Google, The Aspen Institute, TEDx, Facebook and the World Health Organization. Her presentations are engaging and entertaining, weaving together stories, science and practical takeaways.