

Dr. Jeff Q. Bostic **Training Psychiatrist**



Dr. Jeff Q. Bostic holds a medical degree from Texas University School of Medicine, and performed his residency at the Timberlawn Psychiatric Hospital. Jeff is the Director of the School Psychiatry Program for Child & Adolescent Psychiatry at the Massachusetts General Hospital. He also served as Medical Director of the Massachusetts Child Psychiatry Access Project, in which psychiatrists were on call to assist pediatricians at the MGH site.

Jeff's www.schoolpsychiatry.org website aims to advance service collaboration among clinicians, educators, and families for recognizing and working with children with behavioral and mental health issues in schools. To date, he has served as a consulting psychiatrist to the Andover, Boston City-on-the-Hill Charter School, Lexington, Lowell, Silver Lake, Wellesley, Westwood, and Winchester school districts.

Jeff has been a member of the Child Psychiatry Residency Training Committee for MGH and McLean Hospital since 1997. He served as the training psychiatrist for the police training initiatives of Strategies for Youth with the MBTA Transit Police in Boston, the Cambridge Police Department, and the Everett Police Department.

Training Principles of *Policing the Teen Brain*

Strategies for Youth (SFY) police officer training provides scientific and evidence-based information and practical strategies that meet the varying needs of officers working with youth.

SFY training supports officers

- Making interactions with youth easier and faster, less conflicted and more compliant
- Asserting authority effectively with youth with reduced reliance on force and arrest
- Recognizing and responding appropriately to youth presenting mental health and addiction issues

SFY training helps police departments

- Demonstrate investment in youth and increase youths' trust and communication with police
- Reduce departments' overtime and court costs by partnering with youth serving, community-based organizations for low-level offenses

- Support good community relations and reduce complaints

SFY training helps youth and communities

- Develop relationships with police who can serve as role models, guides and resources
- Promote law enforcement careers with youth
- Increase safety in schools and neighborhoods

Core SFY Training Components

- Developmental Explanation of Normative Teen Behaviors
- Lessons from Psychology & Psychiatry: Tactics for Working with Compromised Teens
- Legal Aspects of Police Involvement with Youth
- Demographic Overview of Youth & Implications for Behavior
- Cultural Issues Affecting Adult/Youth Interactions
- Strategies for Asserting Authority & Getting Compliance from Teens—Without Arrest or Use of Force
- Recognizing and Addressing Implicit Bias
- Developing Community-Based Partnerships – And Using Them
- Trying it on For Size – Role Playing with Officers & Youth