

Timothy Alexander



Timothy is a living example of the phrase, "We don't need it to be easy, we just need it to be possible."

Timothy Alexander is a faith driven young man who has dedicated his life to motivating and inspiring others. A native of Birmingham Alabama, Timothy attended Erwin High School and was ranked the #8 high school football player in the state. Timothy had the opportunity to play for any college in the country; however, he was involved in a life changing car accident in 2006, leaving him paralyzed from the neck down. From that point on, Timothy was left to find his purpose in life while paralyzed.

Timothy graduated from Erwin in 2007 and attended Wallace State Community College afterwards. After graduating from Wallace State, he enrolled at The University of Alabama at Birmingham, where he double majored in Criminal Justice and Communication Management. While at UAB, Timothy left a major impact by becoming the first paraplegic to receive a football scholarship. He was also runner-up for Mr. UAB, a member of Omega Psi Phi, and the former president of UAB Gang Green who set two school attendance records during UAB's Basketball season. Timothy received the Student of Excellence Award because of his academic/athletic performance. He was also known for holding prayer gatherings and taking students to church twice a semester.

Timothy was the leader of the 2014 #FreeUAB movement after the UAB Football, Bowling and Rifle programs were terminated on December 2, 2014. After receiving approximately 56 city and county proclamations supporting the reinstatement of the three teams, he joined with UAB Boosters and Birmingham city leaders/supporters to help raise over \$40 million in one year.

Timothy completed his undergraduate career by receiving the Colonel Leo Thorsness "Courage Award" from the Youth Leadership Development Program (YLDP) and was also awarded the "Challenge Coin" from Command Sergeant Major Bennie Adkins.

Timothy recently graduated from UAB with a Master's degree in Communication Management. His proudest moment came on July 18, 2016 when he was able to stand up on his own for the first time since being paralyzed. The video of him standing went viral, catching the eye of ABC National News, TMZ Sports, and other news stations worldwide. Furthermore, Timothy was nominated on November 17, 2016 as the SPORTS PROGRAM FEATURE: FOR THE 31st MIDSOUTH REGIONAL EMMY®AWARDS OF THE NATIONAL ACADEMY OF TELEVISION ARTS AND SCIENCES and on January 21, 2017 he was named the EMMY®AWARDS WINNER.

Alexander is also a keynote speaker, and recent graduate of the John Maxwell Certification Program. He is a living example of the phrase, "We don't need it to be easy, we just need it to be possible."