



Karen Williams

Karen Williams, MSSW, is a writer and speaker known for her ability to explain the latest neuroscience and apply it to real life. Her current focus is on three areas: brain development and behavior; the impact of substances, stress, trauma and traumatic brain injury on development and behavior; and the developmental readiness of youth to protect themselves. Her presentations and workshops are based on the research of many leaders in the field of brain and youth studies. She is the developer of the brain-based SAMHSA Model Program curriculum Protecting You/Protecting Me, and the "brain-friendly and trauma-informed" Positive Behavior in School and Society (PBSS), a joint project of Rainbow Days, Inc. and AT&T. She is the recipient of the 2012 Mental Health America of Greater Dallas Prism Award and a consultant to the Office of Juvenile Justice and Delinquency and Prevention (OJJDP) State Training and Technical Assistance Center (STTAC).