



## **Taylor Wesley**

Taylor Wesley is a professional Keynote Speaker and Mental Health Advocate through sharing her experience with Addiction and Recovery. After seeking treatment, Taylor returned to her University where

her goal was to use her story to change the way people saw mental health. She soon became the Health and Wellness Director for the Student Government Association and was then nominated for Auburn University's Miss Homecoming. She used her platform "Spread Wellness with Wesley" to encourage transparency by revealing her story of recovery and life as a sober college student. She was awarded with the JC Runyon Foundation Person of the Year where proceeds went to scholarships for students returning to school after seeking treatment for mental health. She currently resides in Atlanta, Georgia where she is a recruiter and has now been sober for 3 years. Taylor continues to be an advocate for Mental Health as a Board Member of the National Alliance on Mental Illness Alabama, the Junior Board for the American Foundation for Suicide Prevention, and a member of the National Speakers Association.